

RISK ASSESSMENT FORM – Students' Union

Activity: (Describe the activity: What is happening)	Rugby union		
Location(s):	Haxby road sports centre		
Who may be exposed:	Players, match officials and spectators		
Responsible Person:	Joseph lose		
Assessors name:	JOSEPH T LOSE	Committee position:	Health and safety 24
Assessors signature:		Date of assessment	24/04/19
Related Documents:	•	Review date:	
		Review date:	
		Review date:	

Get to Green! Look at the activity and identify the risks. Then put in place all the things that will make that activity safe. Once you've done that, the risk will be low! You'll **Get to Green!** If there is a control measure that is not done just yet (maybe some training), highlight it in Bold and then put in in the action plan at the end with a target completion date. If your risk assessment is suitable and sufficient, then just review it yearly and fill in the dates. If you need any advice, contact YSJU Health and Safety Adviser.

Impact/severity	High	M	M	H	<p>Risk Matrix: The risk matrix to be used is a simple 3x3 with only one red area. This simplistic 'traffic light' approach incorporates the likelihood and severity criteria rated as Low (L), Medium (M) or High (H). Risk assessors need only ask two questions to ensure the risk is graded correctly:</p> <ul style="list-style-type: none">What are the chances of this happening? (Likelihood)And if it did happen, what is the worse that could happen? (Severity) <p>Always consider who this may affect (Staff, visitors, general public etc).</p> <p>A full detail explanation can be found at the end of this risk assessment.</p>
	Med	L	M	M	
	Low	L	L	L	
		Low	Med	High	
	Likelihood				

No.	Hazard	Control measures	Risk Level	Additional control measures required	Risk Level	Date control completed
01.	Trips, slips, falls or collisions with other players	<ul style="list-style-type: none"> Sessions must be delivered by a coach with the correct coaching qualifications First aid must be given immediately after hazard has occurred by an individual with first aid training can be another team member/ a member of YSJ active or medical personal Individuals involved must be informed on correct clothing and equipment needed like correct footwear/ gum shield/ headguard (optional) Pitch inspection is completed prior to training / matches Spectators must be a certain distance from the side of the pitch 	Medium	<ul style="list-style-type: none"> Sessions must be abandoned in adverse weather conditions Committee aware of how to call for first aid Pitch inspection is completed prior to training / matches Kit inspections must be done before playing (stud checks) 	Low	24/4/19
02.	Limb dislocations, bone breaks or fractures	<ul style="list-style-type: none"> Contact emergency services (999) and YSJ-Active staff present at the facility immediately First aiders / Pitchside Physio to perform initial first aid treatment at fixtures Ensure a member of the team / YSJ-Active Staff / SU Staff is ready to meet the ambulance / paramedics on their arrival at YSJU Sports Park 	Medium	<ul style="list-style-type: none"> Make sure individual is removed from the pitch Play must be paused If individual cannot be moved without causing pain then play should be moved to a different pitch 	Low	24/4/19
	Spinal/ neck injuries or head injuries (concussion)	<ul style="list-style-type: none"> In the case of a suspected spinal/neck or head-based injury the individual should not be moved and should be put into the correct medical positions Emergency services or members YSJ Active staff present at the facility must be notified immediately 	Medium	<ul style="list-style-type: none"> Play should be paused until issued is resolved or play could be moved to a different pitch Play may have to be abandoned 	Low	24/4/19

No.	Hazard	Control measures	Risk Level	Additional control measures required	Risk Level	Date control completed
		<ul style="list-style-type: none"> Ensure a member of the team / YSJ-Active Staff / SU Staff is ready to meet - the ambulance / paramedics on their arrival at YSJU Sports Park 				
	Contact training involving player to player collision	<ul style="list-style-type: none"> Coach must ensure that every player is able to tackle safely and has been taught the proper technical way to perform the skill Players are encouraged to wear a gum shields and if desired shoulder pads or a head guard when engaging in contact in training and during competitive fixtures All session participants must complete a specific performance based warm up before each training sessions and fixture to prevent injury The level of intensity (of contact) should be reduced in training if players are heavily fatigued Any player carrying an injury or recovering must not perform until they are medically advised to return and feel fully fit themselves 	Medium	<ul style="list-style-type: none"> contact may have to be avoided all together depending on team fatigue in the event of numerous contact injuries from one sessions contact play or even the training sessions must be abandoned 	Low	24/4/19
	Poor pitch maintenance	<ul style="list-style-type: none"> Before use ground staff/match officials or coaching staff to perform pitch inspections 	Medium	<ul style="list-style-type: none"> After these inspections advise when the pitch is unplayable due to adverse weather conditions and / or the quality of the pitch 	Low	24/4/19

No.	Hazard	Control measures	Risk Level	Additional control measures required	Risk Level	Date control completed
	Poor technical coaching	<ul style="list-style-type: none"> All individuals delivering sessions are required to have the correct qualifications before leading a session All coaches are advised to engage in continued professional development (CPD) 	Medium	<ul style="list-style-type: none"> Coaches may have to be changed for one with the correct sporting qualification The club could put coaches through the correct courses 	Low	24/4/19
	Goal posts/ corner flag collisions	<ul style="list-style-type: none"> YSJ-Active are to ensure that post protectors are placed and secured around each post prior to fixtures Corner flags should not have metal bases, they should be flexible enough so that players do not incur injury if contact is made 	Medium	<ul style="list-style-type: none"> Play may have to be abandoned if this equipment is not present 	Low	24/4/19
	Scrummaging and lineout work	<ul style="list-style-type: none"> All forwards must be trained by an individual holding the correct rugby specific qualifications Backs / untrained players must not scrummage or lift/jump in lineouts until properly trained 	Medium	<ul style="list-style-type: none"> In the event that there are not enough forwards who have undergone training playing a BUCS fixture, it must be okayed with the ref for uncontested scrums 	Low	24/4/19
	Away fixture travel	<ul style="list-style-type: none"> BUCS fixtures will ideally be travelled to on a coach instead of in players cars, this reduces the chance of getting lost and if a player suffers an injury during a game player could be stranded if he is the designated driver Whilst travelling to fixtures, players must respect the bus driver and travel safely (seatbelt / remaining seated whilst the bus is travelling / no alcohol) In the instance the team has to travel by car to fixtures, each car must remain in contact with the Students Union, informing them when they have arrived at / returned from the fixture 	Medium	<ul style="list-style-type: none"> Match may have to be abandoned if safe travel is available 	Low	26/4/19

No.	Hazard	Control measures	Risk Level	Additional control measures required	Risk Level	Date control completed
	Muscle Strains / Bruising / Cuts / Bleeding and friction burns from astro pitches	<ul style="list-style-type: none"> All participants / players must engage with an appropriate warm-up prior to training / competitive BUCS fixtures Players / participants suffering from muscle strains / bruising / cuts are immediately given the appropriate first aid provision 		<ul style="list-style-type: none"> Any player suffering severe injury in game must seek further attention from a medical professional Players may have to be removed from play all together 		26/4/19
	Inexperienced players	<ul style="list-style-type: none"> All players new to the game must be shown basic technique of a variety of skills to reduce chance of incurring and injury during training / competitive fixtures Beginner players are encouraged to engage in training with other inexperienced / beginner players Players must be coached by an individual with the correct qualifications 		<ul style="list-style-type: none"> Some players may not be stopped from playing 		26/4/19

RISK ASSESSMENT ACTION PLAN

This action plan identifies the control measures to be implemented in order to reduce identified risks to the lowest acceptable risk level.

Note: immediate action must be taken to address any identified net red risk

Other categories of net risk (amber and green) should be completed within the agreed time period (from the report date) specified providing it is reasonably practicable.

Hazard	Further actions / Control measures (as identified from the risk assessment)	Responsible Person/s	Target Completion Date

CRITERIA FOR LIKELIHOOD AND IMPACT/SEVERITY

Likelihood

To determine "likelihood" you should consider previous accidents, frequency of the activity and the knowledge and experience of people involved.

Description	Example Detail
High	Extremely likely e.g. previous incidents recorded in the past month or if hazard is likely to occur imminently or in a very short term. (Hazard exists permanently, a hazardous event occurs daily or throughout the day).
Medium	Most Likely e.g. previous incidents recorded in the past 6 months or if hazard is likely to occur in time. (Hazard occurs intermittently, or hazardous event occurs occasionally throughout week/month)
Low	Likely e.g. previous incidents recorded in the past year or if hazard may occur in time. (Hazard exists very infrequently, or hazardous event occurs monthly or less frequently.)

Impact / Severity

To establish the severity of the "impact" you need to consider how seriously someone could be injured by the hazard. You should also consider damage to property and equipment, disruption to service and compliance with legislation.

Description	Example Detail
High	Extremely harmful e.g. Death, life threatening illness/injury, amputations, major fractures, multiple injuries, long term incapacity, long term staff sickness, serious service failure impacting on vulnerable groups, major fire.
Medium	Harmful e.g. 3-day injuries, hospital admission, work related upper limb disorder, dermatitis, burns, lacerations, concussion, property damage, service failure impacts on property or non-vulnerable groups.
Low	Could be harmful e.g. superficial injuries, minor cuts and bruises, temporary irritation, less than 3-day staff absence.

Net Risk	Action and Timescale
Low	No further preventive action is necessary, but consideration should be given to solutions or improvements that impose no additional cost burden. Monitoring is required to ensure controls/precautions remain effective and review annually or sooner if there are changes.
Medium	Action should be taken within 6 months to reduce the risk as low as is reasonably practicable. A consideration of costs versus effectiveness should be considered. Where an amber risk is associated with a harmful impact/severity further risk assessment may be necessary to establish more precisely the likelihood of harm as a basis for determining the need for improved control measures.
High	Action must be taken immediately/as soon as possible. Work should stop or not commence until adequate control measures have been implemented. While the control measures should be cost-effective, there may legally be an absolute duty to reduce the risk. This means that if it is not possible to reduce the risk, even with unlimited resources, then work must remain prohibited.